



Breakfast Republic

Breakfast Republic is a popular breakfast restaurant with seven locations across San Diego county: Carmel Valley, Encinitas, East Village, Liberty Station, North Park, Ocean Beach, and Pacific Beach, all open daily from 7 a.m. – 3 p.m. The chain recently expanded the vegan options on its menu. The updated menu includes a small vegan section that includes three options utilizing vegan egg: Soy Chorizo Vegan Bowl (\$14), Jammin' Benny (\$16), and Harvest Omelet (\$17). A Seasonal Fruit Plate (\$6.50) is also labeled vegan in the Sides section of the menu. They also offer dairy-alternative milks for coffee, including soy and almond milk. **TIP:** Request vegan ketchup as the house-made ketchup available on the table contains anchovies.

SOY CHORIZO VEGAN BOWL: mexican rice, black beans, soy chorizo, corn, onions, cilantro, guacamole, pico de gallo, and mung bean egg substitute (\$14)

JAMMIN' BENNIE: blackberry-jalapeño jam, italian vegan sausage, mung bean egg substitute, and vegan hollandaise, served with house potatoes (\$16)

HARVEST OMELET: mung bean egg substitute, asparagus, avocado, spinach, onion, jalapeño, and vegan sausage, served with choice of vegan bread (rye, sourdough, or english muffin) (\$17)

SEASONAL FRUIT PLATE (\$6.50)

