



A CLUCKING GOOD MORNING AT BREAKFAST REPUBLIC IN SAN DIEGO



Having lived in San Diego for well over two years now, I'm ashamed to say I've done a terrible job at scoping out the brunch scene. While there are a ton of great spots down here, I am a super early riser and early eater, which means my breakfast happens around 7 am, and if I have to wait all the way until brunching hour and then stand in a line forever, I'm going to get hangry.

Breakfast Republic, who keeps popping up new spots all over the county, is one of those places that I always really wanted to check out, but just driving by and seeing the hungry crowds standing outside would deter me. When I got word that Breakfast Republic was opening up,

But first, Lemon Ginger Mimosa!

less than a 10 minute walk from my house in Ocean Beach, I was beyond excited to finally

get my brunch on, with my pal Courtney, like the rest of the Girls on Food.



Breakfast Republic

4839 Newport Ave, San Diego, CA

92107

www.breakfastrepublic.com

Despite seriously scoping this menu out before going in, I was still seriously overwhelmed by all of the choices! Even the drink menu is expansive and full of both nutritious and decadent options. To start, I downed a cup of the **Caffe de Olla** they serve, which was hot and delicious. Then I also ordered the mimosa special of the day, **Lemon Ginger!** This mimosa had the tart citrus taste you want in a mimosa, with an extra kick from the ginger, and was perfectly sweet without being too sweet.



Kombucha Flight



Flight of Local Organic Antioxidant Shots

The thing we were probably most excited about was the fact that there was kombucha on tap, and you could order a **Kombucha Flight** with four flavors of your choice! We ordered **Pear Chai**, **Mango**, **Lavender Peach**, and **Herbs and Apples**. While they were all very good in their own way, the pear chai was a huge standout! In an attempt to prepare for her yoga scavenger hunt adventure following breakfast, Courtney ordered us the **Flight of Local Organic Antioxidant Shots**. The trio included a **Tropical Detox**, **Cellular Boost**, and **Immune Boost**, and they offered benefits ranging from detoxifying the body from heavy metals and increasing blood production, to restoring your body's electrolytes and promoting cellular growth, to promoting relaxation and healthy sleep patterns! Sign us up!



Turkey Meatloaf Hash

As far as food goes, I did have a pretty clear idea on what I was going to order. After a month of almost-veganism (I broke a few times and also went back to eggs last week), I had my sights set on the **Turkey Meatloaf Hash** with poached eggs. This hash includes three eggs any style, spinach, house made turkey meatloaf, pesto, and house potatoes and is served with your choice of bread. First, how cute is that presentation?! And second, I seriously can't say enough about how good this dish is, I'm still dreaming about it and have spent every day since my visit trying to coerce other friends to going back with me so I can eat it again. I scarfed this down embarrassingly fast and didn't even offer Courtney a single bite. Like this is actually what brunch dreams are made of and it's 10 blocks from my house. Somebody please save me!





It's hard to hear about Breakfast Republic without hearing about their insane **Flight of 3 Pancakes**, so I knew we had to try them. Picking our three was definitely not easy, but we settled on the **Pineapple Upside Down Pancake**, the **Oreo Cookie Pancake**, and the **Churro Pancake**! Our favorite was definitely the Oreo (the pancakes are stacked and there is cream and cookie crumbles in between layers!) The pineapple upside down was a close second, with juicy chunks of pineapple that added to the sweetness without being too sweet. The churro pancake shouldn't be left out though, I mean, cover anything in cinnamon sugar and count me in! Courtney also ordered up a side of the Jurassic Park-sized pork bacon and loved it! Just look at that face!



I am so glad I finally braved the Sunday brunch crowd to scope this spot out (pro tip: get there super early, like before 9am early!) The food was creative and well prepared, served in a beautiful and cheekily decorated breakfast themed environment, and came out fast and hot. The drink menu and food menu are both full of options for every type of diet and appetite, and I seriously am already planning my picks for my next visit! Run, don't walk, and get your Breakfast Republic on.