



THE BEST BREAKFAST SPOTS IN SAN DIEGO



Breakfast is the most important meal of the day according to everyone's mom. So it only makes sense to tip our five-paneled hats to the places that make a habit of having it available all week long -- none of this "weekend brunch only" business. Here are San Diego's best spots to get your morning meal on:



BREAKFAST REPUBLIC

LIBERTY STATION & OTHER LOCATIONS

True to its name, this local chain with locations in Liberty Station, East Village, Encinitas, Ocean Beach, and North Park serves up a mean breakfast. Standout items include the cinnamon roll pancakes, shrimp and grits, and the Breakfast Sammie, made with thick-cut applewood-smoked bacon marinated in paprika and brown sugar with a sunny-side up egg (dubbed by us to be one of the best in SD). Owner Johan Engman (who also owns and operates three Fig Tree Café outposts) is looking to expand his breakfast brand even further with the debut of North Park Breakfast Co. this summer.